



COOCH BEHAR PANCHANAN BARMA UNIVERSITY
B.A. Honours 3rd Semester Examinations, 2023

PHILOSOPHY
BASICS OF COUNSELLING

SEC-1

Time Allotted: 1 Hour 30 Minutes

Full Marks: 30

The figures in the margin indicate full marks.

1. Answer any *one* question from the following: 15×1 = 15
 - (a) What do you mean by counselling? Discuss in detail, the scope of it. 3+12
 - (b) What is confidentiality in counselling? Discuss the moral dilemmas centering round it. 5+10
 - (c) What is meant by communication? Discuss the various kinds of communication. 3+12

2. Answer any *one* question from the following: 10×1 = 10
 - (a) Write a short note on the qualities of a counsellor. 10
 - (b) Why empathic understanding is needed in counselling process? Explain. 10

3. Answer any *one* question from the following: 5×1 = 5
 - (a) Write a brief note on mental health. 5
 - (b) What do you mean by active listening? 5

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